

ELEMENTARY SCHOOL Lunch Menu- September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>  <p>No School!</p>	<p>3</p> <p style="text-align: center;"><i>Superintendent Conference Day</i></p>  <p style="text-align: center;">No School</p>	<p>4</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Chicken Smackers w/ WG roll Ham and Cheese on a WG bun Yogurt parfait w/ soft pretzel Veggie Burger on WW Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Tossed Salad w/ chick peas Carrot Nibblers w/ dip Apple Sauce cup</p>	<p>5</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Stuffed Crust Pizza Ranger burger on WG Bun Fruit, Yogurt & Cheese Plate w/ WW Bread Stick Grilled Chicken w/ Leaf Lettuce on a bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Caesar Salad Glazed Carrots Chilled Peaches</p>	<p>6</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Grilled Cheese Sandwich Tuna Salad on WG bun Veggie Burger on WG Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Tomato Soup Onion Rings Chilled Assorted Fruit</p>
<p>9</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Taco Salad w/ lettuce, cheese and salsa Zwiegle Hot Dog on WG Bun Veggie Burger on WG Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Brown Rice Steamed Corn Chilled Peaches</p>	<p>10</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Popcorn Chicken w/ WG roll Chicken Caesar Salad w/ WG roll Fruit, Yogurt & Cheese Plate w/ WG roll Grilled Chicken w/ Leaf Lettuce on a bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Tossed Salad w/ chick peas Steamed Green Beans</p>	<p>11</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Pillsbury Mini Pancakes w/ breakfast sausage Turkey BLT on WW Bun Yogurt parfait w/ soft pretzel Veggie Burger on WW Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Glazed Carrots Hash browns Chilled Apple Sauce</p>	<p>12</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Fiestada Pizza Ranger burger on WG Bun Fruit, Yogurt & Cheese Plate w/ WW Bread Stick Grilled Chicken w/ Leaf Lettuce on a bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Garden Salad w/ chick peas Fresh Baby Carrots Chilled Mandarin Oranges</p>	<p>13</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Chicken Patty Sandwich Corn Dog Veggie Burger on WG Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Baked Beans Spinach Salad/Dressing Chilled Assorted Fruit</p>
<p>16</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Chicken & Cheese Quesadilla Zwiegle Hot Dog on WG Bun Veggie Burger on WG Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Steamed Corn Brown Rice Mixed Fruit</p>	<p>17</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>ChickenTenders w/ WG roll Julienne Salad w/ WG roll Fruit, Yogurt & Cheese Plate w/ WG roll Grilled Chicken w/ Leaf Lettuce on a bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Oven Baked French Fries Fresh Baby Carrots Chilled Apple Sauce</p>	<p>18</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Pillsbury Mini Waffles w/ breakfast sausage Mozzarella sticks w/ sauce Yogurt parfait w/ soft pretzel Veggie Burger on WG Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Oven Baked Tater Tots Caesar Salad Chilled Pears</p>	<p>19</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>French Bread Pizza Ranger burger on WG Bun Fruit, Yogurt & Cheese Plate w/ WW Bread Stick Grilled Chicken with Leaf Lettuce on a bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Tossed Salad w/ chick peas Steamed Broccoli Chilled Peaches</p>	<p>20</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Grilled Cheese Sandwich Egg Salad on WG bun Veggie Burger on WG Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Tomato Soup Onion Rings Chilled Assorted Fruit</p>
<p>23</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Pasta w/ Meatballs Zwiegle Hot Dog on WG Bun Veggie Burger on WG Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Caesar Salad Steamed Mixed Vegetables Chilled Peaches</p>	<p>24</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Chicken Nuggets w/ WG roll Julienne Salad w/ WG roll Fruit, Yogurt & Cheese Plate w/ WG roll Grilled Chicken w/ Leaf Lettuce on a bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Spinach Salad/Dressing Tater Tots Chilled Pears</p>	<p>25</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Pillsbury Mini Pancakes w/ breakfast sausage Turkey and Cheese on a roll Yogurt parfait w/ soft pretzel Veggie Burger on WW Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Garden Salad w/ chick peas Hash browns Strawberry cup</p>	<p>26</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Classic Pizza Ranger burger on WG Bun Fruit, Yogurt & Cheese Plate w/ WW Bread Stick Grilled Chicken w/ Leaf Lettuce on a bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Tossed Salad w/ chick peas Steamed Broccoli Chilled Apple Sauce</p>	<p>27</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Chicken Patty Sandwich Zwiegle Hot Dog on WG Bun Veggie Burger on WG Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Oven Baked Fries Glazed Carrots Chilled Assorted Fruit</p>
<p>30</p> <p style="text-align: center;"><u>Choice of One</u></p> <p>Taco in a Bag w/ lettuce, cheese and salsa Zwiegle Hot Dog on WG Bun Veggie Burger on WG Bun</p> <p style="text-align: center;"><u>Side Options</u></p> <p>Brown Rice Steamed Corn Chilled Peaches</p>				

PARENTS: Your child(ren) may qualify for free or reduced meals. Complete a meal application and turn it in to any cashier. **IF YOUR CHILD(REN) QUALIFIED IN THE 2018-19 SCHOOL YEAR, THE GRACE PERIOD FOR ROLL-OVER STATUS ENDS IN OCTOBER, PLEASE SUBMIT NEW APPLICATIONS FOR 2019-20.**

You can pay for meals on-line at mySchoolBucks.com **OR** Checks may be made payable to Spencerport School Lunch Fund and handed in at the register to be put in a student's Nutrikids Meal Account.

Breakfast
Daily ~ \$1.75
Weekly ~ \$8.75

Lunch
Daily ~ \$2.95
Weekly ~ \$14.75

Available Daily

Daily: PBJ on WW
Tues & Thurs: Juice
Milk- 1%, Skim & FF Chocolate
Asst. Fresh vegetables with Dip